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Banana Sundaes

3/4 c. Sugar, divided
2 T. flour
1/4 t. salt
2 c. milk
3 eggs, separated
1 t. vanilla
graham cracker crumbs
6 bananas

In a large non-stick skillet melt butter. Stir in a brown sugar and nutmeg until blended. Remove from heat, add the bananas, raisins and almonds; cook over medium heat, stirring gently for 3-4 minutes or until bananas are glazed and slightly softened. Served with ice cream.

6 servings.

